

Subject name: Eco-design and product life cycle	Code EC: GMA08-ACV
Number of hours per student: 10h	ECTS Number: 1
Reference Teacher: Eric COURTEILLE	

Generalities

Objectives (2000 characters)

Raise students' awareness of the challenges of eco-design and product Life Cycle Assessment (LCA), enable them to understand the levers for reducing environmental impacts from the early design stages, and develop their ability to mobilise methodological frameworks and dedicated software tools to perform a comparative LCA on a real industrial product.

Description (2000 characters)

The module introduces the fundamental concepts of eco-design and LCA, their methodological foundations, their positioning within the product design workflow, and their use in an industrial context. A 4-hour introductory lecture delivered by an external expert presents the main challenges, normative frameworks (ISO 14040/44), limitations, methodological choices, and orders of magnitude of environmental impacts. Students then carry out a 4-hour tutorial session dedicated to implementing an LCA on a product case study using a professional software tool (ECO Design Studio). The module concludes with a 2-hour lecture delivered by an industrial practitioner presenting feedback from the field, use cases, real-world constraints, and best practices.

Requirements (2000 characters)

Introduction to the use of the Ecodesign Studio LCA software through the Ecodesign Studio software tutorial.

Course requirements and assessments

Teaching Language (2000 characters)

French

Teaching methods (500 characters)

External expert guest lecture (4h) + professional software tutorial session (4h) + industrial practitioner lecture (2h). Digital resources provided (slides, methodological framework, software user guide)

Number of hours per course type: (2000 characters)

CM: 4h

TD: 4h

TP:

PR:

CONF: 2h

Autres:

Evaluation (200 characters)

Automatic validation provided that the student effectively attends the entire module.

Bibliography

Bibliography (2000 characters)

ISO standard 14040 and 14044

Contacts

Contacts (2000 characters)

Eric Courteille (eric.courteille@insa-rennes.fr)

Other information

Other information

Cliquez ou appuyez ici pour entrer du texte.

Subject name: Mechanical Behaviour of Materials	Code EC: GMA08-CMAT
Number of hours per student: 56	ECTS Number: 3
Reference Teacher: Dominique GUINES	

Generalities

Objectives (2000 characters)

Introduce the general formulation of behavior laws and the main rheological behavior models of solid materials: elasticity (recall), plasticity, visco-plasticity, and associated characterization tests. Introduce the main models of degradation of solid materials: damage, cracking, fatigue, fracture, and associated characterization tests. Present a methodology for selecting materials and the main methods of non-destructive testing of materials.

Description (2000 characters)

1. General formulation of behavior laws

- 1.1. Principal behavior categories
- 1.2. General formulation of behavior laws

2. Principal model of rheological behavior of solid materials and associated characterization tests

- 2.1. Elasticity
- 2.2. Elastoplasticity
- 2.3. Elasto-visco-plasticity

3. Main model of solid material degradation and associated characterization tests

- 3.1. Physical mechanisms of damage & fracture
- 3.2. Damage mechanics
- 3.3. Fatigue damage
- 3.4. Fracture

4. Material selection

- 4.1. Property diagrams
- 4.2. Performance indices
- 4.3. Multi-stress and multi-objective design

5. Non-destructives methods

Presentation of principal non-destructive methods (penetrant testing, magnetic particle testing, ultrasonic testing, X-ray radiography, eddy current testing, ...).

Requirements (2000 characters)

Mathematic : ESM05-ANAL ; GMA06-EDP

In other disciplines : knowledge acquired in continuum mechanics (GMA05-MMC)

Course requirements and assessments

Teaching Language (2000 characters)

French

Teaching methods (500 characters)

- 12 x 2-hour lecture courses
- 11 x 2-hour tutorials
- Laboratory work : material control using a non-destructive inspection method (4 hours) ; Calibration of an elasto-plastic behavior model for a metal alloy based on a uniaxial tensile test (4 hours)
- Online content : course presentations, tutorials and presentation of laboratory work

Number of hours per course type: (2000 characters)

CM: 24

TD: 22

TP: 8

PR:

CONF: 2

Autres:

Evaluation (200 characters)

- 3-hour final exam (coefficient 3)
- Laboratory work : technical presentation of the laboratory work results (coefficient 1)

Bibliography

Bibliography (2000 characters)

- Jean COIRIER : Mécanique des Milieux Continus - Concepts de base. DUNOD (1997)
- Mécanique des matériaux solides, J. Lemaitre et J.L. Chaboche
- Comportement des matériaux, A. Pineau, D. François et A. Zaoui
- Matériaux, Vol. 1 & 2, M.F. Ashby

Contacts

Contacts (2000 characters)

Cliquez ou appuyez ici pour entrer du texte.

Other information

Other information

Target students: third-year students (1st year of the engineering course ie. equivalent to a bachelor's degree) in the GMA department with student status

Subject name: Mechanics of Composite Materials	Code EC: GMA08-COMP
Number of hours per student: 28 hours	ECTS Number: 2
Reference Teacher: Lionel LEOTOING	

Generalities

Objectives (2000 characters)

The objective of this module is to provide the basic knowledge necessary to approach the design of structural elements made of composite materials. The first part of the course focuses on the composition of these materials and the various manufacturing technologies associated with them. Sandwich materials are also presented. The second part of the course is devoted to the formulation of the thermomechanical behavior of unidirectional plies and laminates. The main failure criteria used in the design phase are described.

Description (2000 characters)

Chapter 1: Introduction to composite materials

I-1 Definition of a composite material

I-2 Reinforcements

I-3 Matrices

I-4 Semi-finished products

I-5 Applications and market for composites

Chapter 2: Main manufacturing processes for composite materials

2-1 General information for TD matrix composites

2-2 Pressless molding processes

2-3 Pressure molding processes

2-4 Continuous processing methods

2-5 Manufacturing processes for revolving shapes

2-6 Summary

Chapter 3: Sandwich materials

3-1 The sandwich effect

3-2 Components

3-3 Mechanical behavior

3-4 Applications

Chapter 4: Mechanical behavior of a ply

4-1 Review of elasticity

4-2 Elastic behavior of a unidirectional ply

4-3 Experimental characterization

4-4 Case of thermomechanical loading

4-5 Predictive models of elastic constants

4-6 Short-fiber thermoplastic plate

Chapter 5: Mechanical behavior of thin laminates

5-1 General information

5-2 Plane laminates with mirror symmetry

5-3 Laminates without mirror symmetry

Chapter 6: Design criteria and mechanical design

6-1 Failure criteria

6-2 Design of composite structures

Requirements (2000 characters)

GMA05-MMC
GMA07-MNEF

Course requirements and assessments**Teaching Language (2000 characters)**

French

Teaching methods (500 characters)

The course is taught using illustrated materials. Tutorials and practical sessions then allow students to apply the concepts and theories covered in class. The practical sessions are combined with those of the “Mechanical Behavior of Materials” module. A two-hour lecture is given by an industry representative from the composite materials sector.

Number of hours per course type: (2000 characters)

CM: 10
TD: 8
TP: 8
PR:
CONF: 2
Autres:

Evaluation (200 characters)

A supervised assignment grade (weighting 2) + a practical assignment grade (weighting 1)

Bibliography

Bibliography (2000 characters)

Daniel Gay - Matériaux Composites 3ème édition. Hermès Editeur.

Jean-Marie Berthelot - Matériaux Composites : comportement mécanique et analyse des structures. Editions Masson, Paris 1996.

Contacts***Contacts (2000 characters)***

Lionel LEOTOING (lionel.leotoing@insa-rennes.fr)

Other information***Other information***

Cliquez ou appuyez ici pour entrer du texte.

Subject name: Robot Modelling	Code EC: GMA08-MOROB
Number of hours per student: 42	ECTS Number: 3
Reference Teacher: Patrick MAURINE	

Generalities

Objectives

Methods and basic tools required for the modelling of open chain robot manipulators.

Description

Open chain robot manipulator modelling:

- Terminology and main definitions.
- Transformation matrices between vectors, frames and wrenches.
- Direct and inverse geometrical models.
- Study of singularities.
- Analysis of the workspace.
- Analysis of manipulability. Transfer of velocities and torques.
- Static equilibrium.

Requirements

Matrix calculus

Course requirements and assessments

Teaching Language

French Language

Teaching methods

Lectures, Supervised Works, Labs and Practicals

Number of hours per course type:

Lectures: 16

Supervised Works: 10

Labs and Practicals: 16

Evaluation

A two-hour written examination at the end of the semester.

Mark for reports on practical work in the laboratory.

Bibliography**Bibliography**

Modeling, identification & control of robots / W. Khalil & E. Dombre / 2002

Contacts**Contacts**

patrick.maurine@insa-rennes.fr

Other information

Subject name: Manufacturing & Design Project	Code EC: GMA08-PRCONS
Number of hours per student: 56h	ECTS Number: 3
Reference Teacher: Romain FISCHESSE	

Generalities

Objectives (2000 characters)

Implement solution-finding, modelling, geometric, numerical simulation, and mechanical component sizing techniques as part of a project proposed by an industrial company.

As this project stems from a real need within the company, it gives students their first practical experience of developing an industrial project.

Description (2000 characters)

A project is proposed by an industrialist to the entire 4GMA-FISE class.
The students are divided into eight groups, each of which develops its own solution.
The project is divided into two phases.

- **Phase 1: Search for a solution**

Each group proposes different solutions to the problem posed. For each solution, the various technical “barriers” must be studied.

This phase ends with a comparative study of each solution to determine which solution will be developed in the next phase.

⇒ Phase 1 deliverables:

A summary of the main solutions considered: Solution sheets and decision table.

A presentation in English to present the solutions considered and defend the chosen solution.

- **Phase 2: Development of the chosen solution**

For the solution selected at the end of phase 1, each group must:

- Size all the mechanical components used
- Define and optimize the shape of the various elements in Solidworks, taking into account the constraints of the manufacturing processes.

⇒ Phase 2 deliverables:

A file containing the various calculation notes.

A digital model of the developed system.

A short presentation (10 minutes max) during which each team will defend its solution, highlighting its performance.

Requirements (2000 characters)

GMA05-MSI : mechanics of non-deformable solids

GMA05-ARSM : Sizing and integration of mechanical components

GMA06-DICM : Sizing and integration of mechanical components

Course requirements and assessments

Teaching Language (2000 characters)

french

Teaching methods (500 characters)

- The students are divided into 8 groups of 4-5 students (4 teams per tutorial group)
- 11 four-hour sessions (one per week) scheduled in ADE (two simulation rooms)
- Independent work on the sessions
- One teacher assigned to each team with a weekly update
- Confidentiality management

Number of hours per course type: (2000 characters)

CM: 0

TD: 0

TP: 0

PR: 44h

CONF: 12h

Autres: 0

Evaluation (200 characters)

- Intermediate and final defense: coefficient 1
- Intermediate report: coefficient 2
- Final report & CAD: coefficient 3

Individual coefficients:

In order to take into account each person's personal investment, each team can assign individual coefficients α_i .

The following rules apply:

- $0.5 \leq \alpha_i \leq 1.5$
- The average of the individual coefficients must be 1 within a team
- If no coefficient is specified, all team members have a coefficient of 1
- Individual score = α_i * Team score

Bibliography

Bibliography (2000 characters)

Construction mécanique, AUBLIN, CAHUZAC, FERRZA, VERNHERES
Guide des sciences et technologies industrielles, FANCHON
Eléments de machines, SZWARCMANN
Construction Mécanique Transmission de Puissance, ESNAULT
Mécanique du solide, AGATI P., BREMONT Y., DELVILLE G, Ed. Dunod
Liaisons et mécanismes, AGATI P., ROSETTO M., Ed. Dunod, 1994
Traité théorique et pratique des engrenages, HENRIOT G., tome 1, Ed. Dunod
Mémotech Productique, Conception et dessin, BARLIER C., BOUGEOIS R., Ed. Casteilla

Contacts

Contacts (2000 characters)

Romain FISCHESSE
romain.fischesser@insa-rennes.fr

Other information

Other information

Cliquez ou appuyez ici pour entrer du texte.

Subject name: Production	Code EC: GMA08-PROD
Number of hours per student: 24h	ECTS Number: 2
Reference Teacher: Frédéric SORRE	

Generalities

Objectives

This module aims to introduce students to production engineering methods and experimental design, providing them with the tools to analyze, optimize, and manage mechanical production systems.

The objective is to develop in future engineers a systemic and experimental approach capable of reconciling industrial efficiency, quality, overall performance, and sustainable development.

- At the end of the module, the student will be able to:
 - Identify the scope and role of production engineering within mechanical and automation engineering.
 - Design and implement experimental plans to characterize, optimize, or make industrial processes more robust.
 - Analyze a measurement system in terms of repeatability and reproducibility (Gage R&R).
 - Deploy production process layout techniques and create a continuous flow adapted to industrial manufacturing.
 - Plan and schedule a specialized workshop to improve productivity and reduce cycle times.
 - Integrate a comprehensive performance vision that considers quality, economic efficiency, and environmental impact reduction.

Description

The module is structured around five main components:

- C1 – Introduction to Production Engineering and Scope of Application
 - Fundamental concepts of production engineering for a mechanical and automation engineer.
 - Role and scope of production engineering in design and manufacturing.
- C2 – Measurement System Analysis (Gage R&R)
 - Evaluation of repeatability and reproducibility.
 - Statistical methods for qualifying a measurement system.
 - Identification of sources of variability and their impact on quality.
- C3 – Layout Techniques and Flow Creation
 - Layout of workstations and machines in a production process.
 - Design and implementation of a continuous flow to optimize production.
- C4 – Scheduling and Optimization of a Specialized Workshop
 - Planning and scheduling of tasks and resources.
 - Techniques to reduce cycle times and improve productivity.
 - Integration of Lean approaches for efficient and sustainable production.
- C5 – Design of Experiments (DoE)
 - Principles of factorial and fractional factorial designs.
 - Selection of factors, levels, and responses.
 - Analysis of interactions and main effects.

Requirements

Students must have a foundation in descriptive statistics and probability to understand and analyze experimental results.

Proficiency in data processing or modeling software is an asset for implementing experimental designs and analyzing production systems.

Course requirements and assessments

Teaching Language

French

Teaching methods (500 characters)

In-person (with collaborative work and case studies).

The module combines:

- Lectures: theoretical input and methodological framework.
- Tutorials: application exercises and industrial case studies.
- Practical work and simulations: experimental designs, measurement system analysis, flow layout, and scheduling.

Number of hours per course type: (2000 characters)

CM: 12h

TD: 8h

TP: 4h

PR:

CONF:

Autres:

Evaluation

Assessment is conducted in the form of a 2-hour written final exam, covering theoretical understanding, the design and analysis of experimental plans, as well as practical case studies related to production engineering and the optimization of production systems.

Bibliography

Bibliography (2000 characters)

GOUPY, Jacques, 2017. *Introduction aux plans d'expériences: avec applications*. 5e éd. Malakoff : Dunod. Technique et ingénierie. ISBN 9782100778027.

HOHMANN, Christian, 2009. *Techniques de productivité: comment gagner des points de performance pour les managers et les encadrants*. Paris : Eyrolles-Éd. d'Organisation. Livres outils. ISBN 9782212542950.

PILLET, Maurice, 1997. *Les plans d'expériences par la méthode Taguchi*. Paris : Les Ed. d'Organisation. ISBN 9782708120310.

DURET, Daniel et PILLET, Maurice, 2005. *Qualité en production: de l'ISO 9000 à Six Sigma*. 3e éd. Paris : Éditions d'Organisation. Références. ISBN 9782708133884.

DURET, Daniel, 2008. *Qualité de la mesure en production*. Paris : Eyrolles-Éd. d'Organisation. ISBN 9782212541403.

Contacts

Contacts (2000 characters)

frederic.sorre@insa-rennes.fr

Other information

Other information

Cliquez ou appuyez ici pour entrer du texte.

Nom de la matière : Allemand	Code EC: EC-HUMF08-ALL
Volume horaire total par étudiant: 21heures	Nombre crédits ECTS :
	1,5 ECTS
Responsable(s) : Cecile Hölzner-Jacques	

Généralités

Objectives, aims (2000 characters)

Targeted skills:

Mastering a foreign language

Ability to communicate/progress/work in an international and intercultural context

Cultural openness

Communicating/interacting with others, working in a team

Working autonomously

German Level A1: Acquiring the basics of the German language. Be able to understand and hold a simple conversation about everyday life.

German Level A2-B1: Be able to communicate in German, acquire intercultural skills, demonstrate cultural openness. Work in a group on a project, speak up.

German Level B2/C1: Work in a group on a project, speak up, communicate in German, acquire intercultural skills, acquire basic scientific and technical vocabulary. Ask questions, become a responsible engineer, think about the world of tomorrow in an international context.

Description (2000 characters)

Practising written and oral comprehension. Developing oral expression through exercises in small groups and whole-class discussions. Acquire everyday German vocabulary for daily life and professional life.

German Level A2-B1: Grammar revision, consolidate knowledge. Practise reading and listening comprehension using multimedia resources. Develop oral expression skills through small group exercises, presentations or whole class discussions. Prepare students to progress independently in languages. Preparing mobility.

German B2-C1: Practise reading and listening comprehension using multimedia resources. Acquire technical and scientific German vocabulary. Develop oral expression skills through small group exercises, presentations or whole class discussions. Use and improve German language skills in the context of a project. Preparing mobility.

Pré-requis (2000 caractères)

German Level A1: none

German Level A2-B1: mastery of the basics of German (A2), second foreign language at secondary school (B1)

German B2-C1: good language skills, first foreign language or bilingual class at secondary school, ABIBAC

Modalités du cours et des évaluations

Langue d'enseignement (2000 caractères)

Cliquez ou appuyez ici pour entrer du texte.

Modalités d'enseignement (500 caractères)

1.5–2 hours of classes per week.

Autonomous study time: 14-16 hours Total: 35 hours. Students are encouraged to read German newspapers regularly and watch videos, series and films, in addition to the work assigned between sessions.

Volume horaire par type de cours : (2000 caractères)

CM :

TD : 19 hours for the first cycle, 21 hours for the second cycle.

TP :

PR :

CONF :

Autres :

Autonomous study time: 14-16 hours

7 hours of optional project work in the second cycle

Modalités d'évaluation / coefficient (200 caractères)

Continuous assessment, oral examination

Bibliographie**Bibliographie** (2000 caractères)

MOODLE course page

Deutsch für Ingenieure, Maria Steinmetz/Heiner Dintera, VDI/Springer Vieweg, 2014

Deutsch Perfekt, periodical

online: Deutsche Welle, ARD, Der Spiegel, FAZ, die Zeit, das Handelsblatt, VDI (Verein Deutscher Ingenieure), Nachrichten, ZDF Logo

French-German dictionary le visuel, Editions de la Martinière

Übungsgrammatik für die Mittelstufe Hueber-Verlag

Na also! Waltraud Legros, Ellipses

multimedia resources

Contacts

Contacts (2000 caractères)

Cecile Hölzner-Jacques : cecile.holzner-jacques@insa-rennes.fr

Autres**Autres informations**

Cliquez ou appuyez ici pour entrer du texte.

ENGLISH	Code EC: EC-HUM08-ANGL
Total number of hours per student : 28h	ECTS : 2
Supervisor : Philippe LE VOT	

General information

Objectives and Purposes

General Objectives:

Acquisition of the linguistic tools necessary for work in a company. Achieving the required level (B2) for the awarding of the diploma.

Linguistic Objectives:

Achieve or strengthen the B2 level (required for the validation of the engineering degree and defined by the CEFR).

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Description

- **Action-oriented approach to language learning:** Learn by doing: speaking and listening, writing a document while leveraging problem-solving, construction, demonstration, and persuasion skills.
- **Expressing oneself with precision** through rigorous use of syntax and phonology. Activities that call on the creativity and responsiveness of students, such as debates, role-playing, individual oral presentations using PowerPoint or Canva, and projects, will focus on current, scientific, and societal topics.
- Writing letters and CVs.
- Syntax structures specific to scientific English.
- Exploring the professional world in an international context.
- Preparation for the TOEIC (2nd semester: specific course "TOEIC Booster").

Prerequisites:

English courses from the 1st, 2nd, and 3rd years or equivalent.

Course and Evaluation Modalities

Language of Instruction

English

Teaching Methods

The classes are two hours long and are held in rooms that are mostly equipped with projectors and sound systems. We have a multimedia language lab as well as computer rooms to provide students with a setting conducive to stimulating learning.

The educational resources used include press articles, audio and video materials (TV reports, excerpts from films or series), and the Internet is used as a documentary source.

Regular personal work is required. Students are expected to be curious and to continue practicing beyond the classroom

Hours by Course Type

- **Lectures (CM):**
- **Tutorials (TD):** 28 hours (14 sessions of 2 hours each)
- **Practical Work (TP):**
- **Research Projects (PR):**
- **Conferences (CONF):**
- **Others:**

Evaluation Methods / Coefficient

1 in-class presentation (see departments) + 1 continuous assessment grade (average of different graded assignments)

Bibliography

Bibliography

Any English-language materials, whether technical or otherwise.

Contacts

Contacts

plevot@insa-rennes.fr

Subject name: CHINESE LV2-LV3	Code EC: EC-HUMF08-CHI
Number of hours per student: 21 hours	ECTS Number: 1,5
Reference Teacher: Cécile Hölzner-Jacques	

Generalities

Objectives (2000 characters)

Targeted skills:

- Mastering a foreign language
- Ability to communicate/develop/work in an international and intercultural context
- Cultural openness
- Communicating/interacting with others, working in a team
- Working independently
- Acquiring the basics of the Chinese language, essential structures and vocabulary
- Comprehension, expression, pronunciation
- Using the language in everyday contexts.

Description (2000 characters)

Oral skills:

Corrective phonetics (pinyin system),
Listening to and analysing simple texts and complex sentences,
Oral exercises (learners with each other / learners with teacher)
Learning new characters (pronunciation and tone accentuation).

Written skills:

Theme/version
Written production of simple texts and complex sentences,
Learning and reinforcement of grammatical mechanisms and vocabulary for oral and written production,
Learning new characters (stroke order, keys),
Reading and analysis of texts, commentary on texts.

Requirements (2000 characters)

Chinese 1: None
Chinese 2: Completion of Chinese 1
Chinese 3: Completion of Chinese 2

Course requirements and assessments

Teaching Language (2000 characters)

Teaching methods (500 characters)

Reading lesson texts (in characters), rewriting new characters, exercises applying grammar points, lexical and morphological points, theme and version exercises...

Number of hours per course type: (2000 characters)

CM:

TD: 1h30

TP:

PR:

CONF:

Autres:

Evaluation (200 characters)

S1: Final mark

S2: Oral examination

Bibliography**Bibliography (2000 characters)**

1. Chinese as spoken in China, Bernard Allanic, Presses Universitaires de Rennes, 2009

2. Contemporary Chinese, WU Zhongwei, Sinolingua, 2010

3. Experiencing Chinese, ZHANG Rumei, AI Xin, Higher Education Press, 2006

Chinese Language Method (Second Level), Zhitang Yang-Drocourt - Liu Hong – Fan Jianmin

Short Stories for Learning Mandarin Chinese, Zhang Xiaoli, 2025

Standard Course HSK Workbook, Jiang Liping

Other tools will complement these basic textbooks to provide students with a wide range of practical exercises.

Contacts**Contacts (2000 characters)****Other information****Other information**

Learning Chinese isn't just about tones and characters. It's about connection — to a culture, to people, and to the stories that make language come alive.

Subject name: PHYSICAL EDUCATION (EPS) SEMESTER 8	Code EC: EC-HUM08-EPS
Number of hours per student: 20H	ECTS Number: 1
Reference Teacher: Gérard VAILLANT Yvan HINAULT Maïté LOSCHETTER	

Generalities

Objectives (2000 characters)

Aims

The program aims to contribute, through the practice of Physical, Sports, and Artistic Activities, to the education and development of future citizens. It seeks to foster individuals who are capable of managing their present and future health, communicating effectively, participating actively in group dynamics, demonstrating innovation, and showing adaptability in various contexts.

Learning Objectives

Upon completion, learners should be able to:

1. Manage their own learning and training processes in a structured and reflective manner.
2. Engage in and take responsibility for the organization and management of a group, a structure, or a collective project.
3. Take charge of their physical, mental, and social health as an ongoing process of well-being and self-regulation.

Description (2000 characters)

This course aims to develop students' motor, personal, social, and methodological competencies through the practice of physical, sports, and artistic activities. It fosters autonomy, adaptability, creativity, and responsibility in both individual and collective contexts.

Motor and Cultural Competencies: Master the technical and tactical fundamentals of the chosen activity. Adapt to varying play conditions, environments, and performance spaces. Develop specific physical qualities (endurance, flexibility, strength, speed) and psychological resources (focus, perseverance, stress management, confidence).

Personal Competencies: Take responsibility for one's long-term health and safety. Manage emotions and stress with self-control. Demonstrate innovation and creativity in practice. *Semester 8 focus : Participate in a creative process and generate innovative solutions. Understand one's motor preferences and identify the motivations driving one's practice to ensure long-term engagement throughout life;* Recognize one's strengths and weaknesses in order to use them most effectively.

Interpersonal and Social Competencies: Work effectively in teams—listen, communicate, motivate, and lead. Adopt an eco-citizen approach by respecting others, oneself, the environment, and equipment. *Semester 8 focus:* Demonstrate the appropriate behaviors to maintain group safety. Handle conflicts in a way that leads to constructive and mutually beneficial outcomes.

Methodological Competencies: Manage complex projects by setting objectives, planning, and evaluating outcomes. Make informed decisions through observation, reflection, and feedback. *Semester 8 focus:* Commit to a learning project (evaluate one's initial level, identify areas for progression, gather information, and self-assess). Plan practice to achieve realistic goals; Manage and oversee the progress of a collective project.

Requirements (2000 characters)

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Course requirements and assessments**Teaching Language (2000 characters)**

French

Teaching methods (500 characters)

Through original and varied situations, this course engages all of the student's resources — motor, cognitive, relational, emotional, and informational.

Through action and experience, students are confronted with complex problem-solving and decision-making processes.

This practice encourages students to take autonomous responsibility for their own health, understood as a state of well-being requiring continuous regulation. It also contributes to preventing risky behaviors, reducing sedentary lifestyles, and promoting social integration.

Enjoyment serves as a key source of motivation, ensuring sustained engagement in both practice and learning

Number of hours per course type: (2000 characters)

CM:

TD: 20

TP:

PR:

CONF:

Autres:

Evaluation (200 characters)**Assessment**

Students are evaluated on their participation, progress, and mastery of the competencies developed throughout the cycle.

Grading:

- 10 points for motor and cultural competencies.
- 5 + 5 points for two additional competencies selected by the instructor from personal, interpersonal and social, or methodological competencies.

Bibliography

Bibliography (2000 characters)

Cliquez ou appuyez ici pour entrer du texte.

Contacts

Contacts (2000 characters)

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Other information

Other information

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Nom de la matière : Spanish	Code EC: EC-HUMF08-ESP
Volume horaire total par étudiant: 21h	Nombre crédits ECTS : 1,5 ECTS
Responsable(s) : Marine Amargos Guilleray	

Généralités

Objectifs, finalités (2000 caractères)

1 – Beginner Level:

Establish the grammatical and linguistic foundations of the Spanish language. Introduce students to Spanish and Latin American cultures. Be able to produce simple sentences related to everyday topics.

2 – Intermediate Level:

Maintain and strengthen linguistic skills, and deepen cultural knowledge (Hispanic culture, Spanish and Latin American civilization, social issues).

- Know how to manage a team around a project.
- Be able to integrate into a multicultural environment.

Be capable of taking into account the social, environmental, technological, and economic

3 – Advanced Level:

Consolidation of linguistic skills and deepening of cultural knowledge (Hispanic culture, Spanish and Latin American civilization, social issues).

- Know how to manage a team around a project.
- Be able to integrate into a multicultural environment.
- Be capable of taking into account the social, environmental, technological, and economic challenges of Spanish-speaking countries.
- challenges of Spanish-speaking countries.

Description

Speaking and writing skills, listening and reading comprehension.

Pré-requis (2000 caractères)

Spanish A1: None

Spanish A2: Must have A1 level

Intermediate Spanish: Must have B1 level

Advanced Spanish: Must have B2 level

Modalités du cours et des évaluations

Langue d'enseignement (2000 caractères)

Spanish

Modalités d'enseignement (500 caractères)

Face-to-face tutorials

Volume horaire par type de cours : (2000 caractères)

CM :

TD : 21 hours /semester

TP :

PR :

CONF :

Autres :

Modalités d'évaluation / coefficient (200 caractères)

Continuous assessment- Coefficient 1,5

Bibliographie

Bibliographie (2000 caractères)

"La grammaire active de l'espagnol", le livre de poche. Collection Les langues modernes + "El arte de conjugar en español" -Hatier+ "Passez-moi l'expression en espagnol", Belin + "El español en la prensa", Belin

Contacts

Contacts (2000 caractères)

Marine Amargos Guilleray : marine.amargos@insa-rennes.fr

Autres

Autres informations

Cliquez ou appuyez ici pour entrer du texte.

Subject name: French foreign language	Code EC: EC-HUMF08-FLE
Number of hours per student: 21 hours (or 2 x 21 hours for the Exchange programme)	ECTS Number: 1,5
	3 credits for the Exchange
Reference Teacher: FOURE Dominique	

Generalities

Objectives (2000 characters)

The various activities in the FLE and FOS (French for Specific Purposes) programme aim to develop optimal language proficiency and the use of language as a cultural and intercultural vehicle, a tool for work and communication adapted to the context. Students will develop their autonomy through group work and individual work.

Targeted skills/humanities (SHS): ▪ Knowing oneself, managing oneself physically and mentally ▪ Working, learning and developing independently ▪ Interacting with others, working in a team ▪ Demonstrating creativity, innovation and initiative ▪ Acting responsibly in a complex world ▪ Developing in a professional and social environment ▪ Working in an international and intercultural context

Description (2000 characters)

Level A1/A2

1- Language, culture and communication: Help learners feel comfortable in all everyday situations. Language learning is organised around observing how the language works, practising a variety of activities in class and carrying out projects in real or simulated contexts to promote autonomy.

2- Scientific and academic French: Facilitate integration into scientific studies, student life and social life.

Level B1/B2

1- Language, culture and communication: Help learners express themselves fluently in writing and orally on a wide range of general and specialised topics.

Key themes: Studying and living in France/ Understanding and exercising critical thinking in various fields: current affairs/history/art/science and technology, urban planning, the environment, etc.

Social sciences and humanities: socio-ecological transition, business and innovation.

2- Preparation for DELFB2 or DALFC1, compulsory French language diploma required to obtain an engineering degree.

Level B2/C1

1- Interculturality - Study of European and international current affairs and in-depth exploration of issues related to SHS

- Communicate and interact
- Decode intercultural references in speech, attitudes and behaviour
- Put one's values, beliefs and behaviour into perspective
- Integrate cultural diversity into group work

2- Professional French

- Prepare effectively for finding an internship or job
- Understand complex issues within the company
- Master societal, political, economic, environmental, ethical and philosophical aspects, etc.
- Act responsibly in the professional world

Requirements (2000 characters)

None

Courses range from beginner to advanced levels.

Each student will be placed in a group corresponding to their level and needs

- based on a test at the beginning of the year for new entrants
- based on the level acquired and assessed the previous year for existing students

Course requirements and assessments**Teaching Language (2000 characters)**

Learners are trained and assessed on the five skills recognised by the Common European Framework of Reference for Languages (CEFR).

Teaching methods (500 characters)

Language, communication and intercultural skills are tailored to the target level and the needs of the group (indicated in the group code).

Number of hours per course type: (2000 characters)

CM:

TD:

TP:

PR:

CONF:

Autres:

Evaluation (200 characters)

Continuous assessment in line with the skills to be validated: CE, CO, PE, PO

INSA student programme: 21 hours/semester (1.5 credits)

Exchange programme: Students studying for a semester at INSA Rennes have the opportunity to obtain a total of 4 credits

- 1 Language Project (7 hours/semester) = 1 ECTS
- 2 FLE courses (2X21 hours/semester) e.g. Language, Culture and Communication + Interculturality

Bibliography

Bibliography (2000 characters)

Materials selected by the teacher based on the level and objectives to be achieved

Contacts

Contacts (2000 characters)

Dominique.foure@insa-rennes.fr

Other information

Other information

<https://fle.insa-rennes.fr/>

Subject name: ITALIAN LV2-LV3	Code EC: EC-HUMF08-ITA
Number of hours per student: 21h	ECTS Number: 1,5
Reference Teacher: Cécile HÖLZNER-JACQUES	

Generalities

Objectives (2000 characters)

Targeted skills:

Mastering a foreign language

Ability to communicate/develop/work in an international and intercultural context

Cultural openness

Communicating/interacting with others, working in a team

Working independently

Level 1 beginner: Introducing Italian language and culture, expressing ideas in writing and orally.

Level 2 advanced beginner: By the end of the course, students should be able to converse and write in Italian.

Level 3 intermediate: Give students the opportunity to explore topics related to art, civilisation, literature and cinema in greater depth.

Description (2000 characters)

Oral expression and comprehension: reading the course material with phonetic and grammatical corrections with the teacher, reading the situations found in the text, watching films and reading literary texts and press articles.

Written expression and comprehension: doing the exercises in the text with particular attention to difficulties, summarising the situations without the text available and the films studied.

Requirements (2000 characters)

Beginner level: none.

Advanced beginner level A2: must have attended the beginner Italian course.

Intermediate level B1/advanced level B2: must have a good knowledge of the Italian language.

Course requirements and assessments

Teaching Language (2000 characters)

Italian language

Teaching methods (500 characters)

The course will cover:.

Grammar concepts;.

Exercises to understand basic linguistic mechanisms;.

Building vocabulary using keywords and translations;.

Presentations and discussions on given topics;.

Asking questions and knowing how to respond;.

Creating dialogues, stories, and discussions based on given keywords;

(All of this will be adapted to the average level of the course.)

1.5 hours of face-to-face lessons per week, 21 hours per semester.

Personal work: 14 hours Read the texts provided in the handouts; 7 hours create a dialogue or short story using the keywords provided and express yourself with them.

Number of hours per course type: (2000 characters)

CM:

TD: 21h

TP:

PR:

CONF:

Autres:

Evaluation (200 characters)

S1: Final mark

S2: Oral examination

Bibliography**Bibliography (2000 characters)**

Loesher Archivio di Grammatica, <https://italianoperstranieri.loescher.it/archivio-di-grammatica>

Harraps, Italian Express Method, Vittoria Bowles and Paul Coggle

Texts taken from Italian novels, poems, essays, daily and weekly newspapers, and films by famous directors

Contacts**Contacts (2000 characters)**

Paolo Procesi: Paolo.Procesi@insa-rennes.fr

Other information**Other information**

Subject name: Japanese	Code EC: EC-HUMF08-JAP
Number of hours per student:	ECTS Number: 1.5
Reference Teacher: Cécile Hölzner-Jacques	

Generalities

Objectives (2000 characters)

Targeted skills:

Mastering a foreign language

Ability to communicate/develop/work in an international and intercultural context

Cultural openness

Communicating/interacting with others, working in a team

Working independently

Beginner level (A1):

- Awareness of specific features (phonetics, syntax)
- Discovering Japanese culture, traditions and customs
- Learning two writing systems (Hiragana and Katakana)
- Mastering spoken Japanese in everyday situations.

Intermediate level (A2):

- Introduction to ideograms (30-60 kanji)
- Reading simple texts (using manga, etc.)
- Writing simple texts
- Mastering spoken Japanese in everyday situations.

Advanced level (B1, B2):

- Learning kanji (60-200)
- Acquiring four skills (reading, listening, writing and speaking) for travelling and studying in Japan.

Description (2000 characters)

Description (2000 characters)

Level 1 beginner (A1):

- Improvement of Hiragana and Katakana
- Mastery of Japanese in everyday situations (Marugoto A1).

Lesson 3: Me_ Nice to meet you

Lesson 4: Me_ There are three of us in my family

Lesson 5: Food_ What kind of food do you like?

Lesson 6: Food_ Where shall we eat?

Lesson 7: The house_ It's a three-room flat

Lesson 8: The house_ What a beautiful room you have!

Lesson 9: Everyday life_ What time do you get up?

Lesson 10: Everyday life_ When are you available?

Level 2 Intermediate (A2):

- Continuation of the Marugoto textbook (Lessons 11 to 18)
- Learning new basic grammar points (past tense, potential tense, volitional tense, etc.)
- Improving and discovering new particles (で、に、から/まで, etc.)
- Discovering and learning 30-60 kanji
- Reading and writing simple texts
- Learning to communicate in everyday situations.

Intermediate level (B1, B2):

- Reading manga
- Acquiring four skills (reading and listening comprehension, writing and speaking).

Requirements (2000 characters)

Beginner level A1: none.

Beginner level A2: completion of beginner level A1.

Intermediate/advanced level: completion of beginner levels A1/A2.

Course requirements and assessments

Teaching Language (2000 characters)

Teaching methods (500 characters)

Teaching takes the form of tutorials. Each session consists of an explanation of concepts, which are then illustrated with examples and conversation exercises in which the students participate.

Number of hours per course type: (2000 characters)

CM:

TD:21h

TP:

PR:

CONF:

Autres:

Evaluation (200 characters)

A1

S1 and S2: Final mark

A2 and B1

S1: Final mark

S2: Oral examination

Bibliography

Bibliography (2000 characters)

Level 1 beginner (A1): Margoto A1, Japan Foundation, 2013, Japan.

Level 2 beginner (A2): Margoto A2, Japan Foundation, 2014, Japan.

Contacts

Contacts (2000 characters)

Other information

Other information

Nom de la matière : Language Project	Code EC: EC-HUMF08-LV2P
Volume horaire total par étudiant: 7 hours /semestre	Tous semestres
	Nombre crédits ECTS : 0,5
Responsable(s) : C.Hölnzer, M.Amargos, D.Fouré	

Généralités

Objectifs, finalités (2000 caractères)

German Project: Mastering a foreign language Ability to communicate/develop/work in an international and intercultural context Cultural openness Communicating/interacting with others, working in a team Working independently Using and improving German language skills within the framework of a project.

Spanish Project: 1- Prepare for the Spanish language certification: the DELE Spanish Project

2- Facilitate oral expression and build students' confidence before studying abroad in a Spanish-speaking country - Acquire fluency and enjoy expressing oneself in Spanish without being constrained by grammar rules.

French as a Foreign Language (FLE) Project: 'International Student Short Film Festival' in conjunction with the Interculturality course. An educational outing (or field study) is proposed to study an issue in social sciences and/or TSE that interests them. The aim is to produce an audiovisual report that may consist of interviews, particularly with experts and professionals, to address the issue on the programme. These meetings will enable them to exchange views and refine their analysis. Finally, students will be asked to present their findings to the public. The reports will be screened at an International Festival on an intercultural theme studied in class.

Description (2000 caractères)

German Project:

- Preparation for the Goethe Institute's 'Zertifikat' exam, level B2 or C1 (external certification)
- Thematic courses: cultural awareness
- Project related to the industrial world: international economics: Germany
- Preparation for mobility
- Preparation: study trip

Spanish Project:

Spanish Project 1

- Written and oral tests
- Written and oral work in preparation for the exam

Spanish Project 2

- Oral expression: debates on current affairs and discussions on the main concerns of students

FLE Project:

- Oral expression, confidence in front of an audience
- Creation of an audiovisual report
- Preparation for oral expression to obtain the DELFB2/DALFC1

Pré-requis (2000 caractères)

German Project: German Level B2

Spanish Project: Baccalaureate Level

FLE Project: Levels B1 to C1

Modalités du cours et des évaluations

Langue d'enseignement (2000 caractères)

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Modalités d'enseignement (500 caractères)

German Project: 7 hours/semester in class 10 hours of independent and group work Class hours are intended to review students' independent work and project progress. Most of the work is done outside of class, preferably in groups of 2 or 3 students (exception: 'Zertifikat' project with methodological assistance during class).

Spanish Project: Regular training with DELE workbook

Volume horaire par type de cours : (2000 caractères)

German Project: 7 hours of tutorials per semester

Spanish Project: 7 hours of tutorials per semester

FLE Project: 7 hours of tutorials per semester

Modalités d'évaluation :

German Project: Semester 1: Final Mark - Semester 2: Final Mark

Spanish Project: Written

FLE Project: Oral/Public presentation as part of an international short film festival

Coefficient: 0.5 (1 for Erasmus exchange students)

Bibliographie**Bibliographie (2000 caractères)**

German Project: Zertifikat Project: Goethe-Institut exam papers (B2 and C1) in the INSA library

Spanish Project: Books related to the DELE

Contacts

Contacts (2000 caractères)

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Autres

Autres informations

Cliquez ou appuyez ici pour entrer du texte.

Subject name: Intercultural Modul	Code EC: EC-HUMF08-LV2-OI
Number of hours per student: 21h par semestre	ECTS Number: 1.5
Reference Teacher: Cécile Hölzner-Jacques	

Generalities

Objectives (2000 characters)

The course aims to develop students' fluency in both written and spoken communication while fostering philosophical reflection. It not only enhances reading, listening, and expressive skills but also cultivates critical thinking and confident public speaking. Particular emphasis is placed on rigorous reasoning, clear argumentation, and the ability to connect philosophical inquiry with linguistic precision.

Description (2000 characters)

Each semester is devoted to a specific philosophical concept. For the first semester of 2025, the theme is *violence*. The course is divided into two distinct parts. The first part focuses on language development. Each session begins with a warm-up activity designed to encourage oral participation and group interaction. Students engage in creative writing exercises — such as recounting a memory or imagining a story — to stimulate imagination and improve expressive skills. Regular reading of newspaper articles helps strengthen reading comprehension, pronunciation, and vocabulary. The second part of the course is dedicated to project work, which constitutes the final graded assignment. Through these projects, students synthesize language practice and philosophical reflection, applying both to a concrete and personally meaningful topic.

Requirements (2000 characters)

Students should be able to express themselves in English with a reasonable degree of confidence. Mistakes in grammar or pronunciation are not a problem, but a solid foundation in vocabulary and basic grammar is necessary to follow the course. The class usually includes both bilingual students and others with more limited proficiency, so the activities are designed to allow everyone to participate meaningfully and progress at their own pace.

Course requirements and assessments

Teaching Language (2000 characters)

The course is conducted primarily in English, although French may occasionally be used for clarification or discussion when necessary.

Teaching methods (500 characters)

This is not a traditional lecture-based course but an interactive class built around students' interests. It is designed as a space for expression and reflection. Written and video materials are regularly used, and students are encouraged to take an active role through role-playing activities and short theatrical performances.

Number of hours per course type: (2000 characters)

CM:

TD: 20 h par semestre

TP:

PR:

CONF:

Autres:

Evaluation (200 characters)

Assessment is based on attendance and participation, but mainly on a creative end-of-term project demonstrating linguistic skills and critical thinking, completed individually or in groups

Bibliography**Bibliography (2000 characters)****Books**

Camus, Albert. *The Stranger*. Translated by Stuart Gilbert. New York: Vintage Books, 1942.

Dostoevsky, Fyodor. *Crime and Punishment*. Translated by Constance Garnett. New York: Modern Library, 1866.

Flock, Elizabeth. *The Furies: Women, Vengeance, and Justice*. New York: Harper, 2024.

Malm, Andreas. *How to Blow Up a Pipeline: Learning to Fight in a World on Fire*. London: Verso Books, 2021.

Manne, Kate. *Down Girl: The Logic of Misogyny*. Oxford: Oxford University Press, 2017.

Motz, Anna. *If Love Could Kill: The Myths and Truths of the Women Who Commit Violence*. New York: Knopf, 2024.

Thoreau, Henry David. *Civil Disobedience*. Boston: David R. Godine, 1849.

Zinn, Howard. *A People's History of the United States*. New York: Harper & Row, 1980.

Articles and Essays

King, Martin Luther, Jr. "Letter from Birmingham Jail." April 16, 1963.

Schwartz, Alexandra. "When Women Commit Violence." *The New Yorker*, 2024.

Zinn, Howard. "The Problem is Civil Obedience." Speech delivered at Johns Hopkins University, Baltimore, November 1970.

Films and Television

Bong Joon-ho, dir. *Parasite*. Seoul: Barunson E&A, 2019.

Coen, Joel, and Ethan Coen, dirs. *Fargo*. Los Angeles: PolyGram Filmed Entertainment, 1996.

Coen, Joel, and Ethan Coen, dirs. *No Country for Old Men*. Los Angeles: Miramax Films, 2007.

Demme, Jonathan, dir. *The Silence of the Lambs*. Los Angeles: Orion Pictures, 1991.

Fincher, David, dir. *Gone Girl*. Los Angeles: 20th Century Fox, 2014.

Fincher, David, dir. *The Girl with the Dragon Tattoo*. Culver City: Columbia Pictures, 2011.

Fincher, David, dir. *Zodiac*. Los Angeles: Paramount Pictures, 2007.

Gilligan, Vince, creator. *Breaking Bad*. Los Angeles: AMC, 2008–2013.

Kelly, Richard, dir. *Donnie Darko*. Los Angeles: Newmarket Films, 2001.

Lanthimos, Yorgos, dir. *The Killing of a Sacred Deer*. London: A24, 2017.

Lynch, David, and Mark Frost, creators. *Twin Peaks*. Los Angeles: CBS Television Distribution, 1990–1991, 2017.

Martin, Steve, and John Hoffman, creators. *Only Murders in the Building*. Los Angeles: Hulu, 2021–.

Miller, George, dir. *Furiosa: A Mad Max Saga*. Burbank: Warner Bros., 2024.

Miller, George, dir. *Mad Max: Fury Road*. Burbank: Warner Bros., 2015.

Penhall, Joe, creator. *Mindhunter*. Los Gatos: Netflix, 2017–2019.

Pizzolatto, Nic, creator. *True Detective*. Los Angeles: HBO, 2014.

Tarantino, Quentin, dir. *Kill Bill: Vol. 1* and *Kill Bill: Vol. 2*. Los Angeles: Miramax Films, 2003–2004.

Wan, James, dir. *Saw*. Santa Monica: Lions Gate Films, 2004

Contacts
Contacts (2000 characters)

Other information
Other information

Subject name: Russian	Code EC: EC-HUMF08-RUS
Number of hours per student: 21h	ECTS Number: 1,5
Reference Teacher: Cécile HÖLZNER-JACQUES	

Generalities

Objectives (2000 characters)

Russian beginner : acquire A1 level
 Russian intermediary : acquire A2/B1 level

Description (2000 characters)

Acquisition of grammatical basis and commonplace vocabulary.
 Training of the 5 skills, oral and written comprehension, oral and written expression, interaction.
 The stress is put on written and oral communication, firstly in the frame of daily situations, then with a progressive introduction of other themes and opening on the professional communication.
 Training with varied media (written, audio, video)
 Individual exercises and works in groups, talks from the intermediate level on.
 Grammar program depending on the level.
 (Inter) cultural opening

Requirements (2000 characters)

Course requirements and assessments

Teaching Language (2000 characters)

Teaching methods (500 characters)

Number of hours per course type: (2000 characters)

CM:

TD: one hour -and-a-half courses per week in SUPELEc

TP:

PR:

CONF:

Autres:

Evaluation (200 characters)

Final grade (overseen by SUPELEC).

Bibliography

Bibliography (2000 characters)

To be seen with the teacher

Contacts

Contacts (2000 characters)

Other information

Other information

Subject name: Economic, legal and social issues	Code EC: EC-HUM08-TEJS
Number of hours per student: 10	ECTS Number: 1
Reference Teacher: Adeline Le Mabec	

Generalities

Objectives (2000 characters)

The module's main objective is to raise students' awareness of economic, legal, and social issues. Key learning outcomes include: developing analytical skills for understanding current economic, legal, and social topics; grasping the underlying logic and mechanisms; and cultivating curiosity and critical thinking skills.

Description (2000 characters)

The topics covered may vary depending on the speakers and current events.

Some examples include: the financial and monetary system, discrimination and inequality, quality of work life (QWL) - leadership and responsible management, legal status of businesses and public subsidies, media and information, wealth and common goods...

Requirements (2000 characters)

none

Course requirements and assessments

Teaching Language (2000 characters)

French

Teaching methods (500 characters)

Lectures/Conferences/Tutorials or mini-projects. References to current issues using a variety of media (press articles, videos, MOOCs, serious games, world café, etc.). Particular attention will be paid to the use of active learning methods.

Number of hours per course type: (2000 characters)

CM:

TD: 10

TP:

PR:

CONF:

Autres:

Evaluation (200 characters)

Continuous assessmen

Bibliography

Bibliography (2000 characters)

Presentation materials and bibliographic references will be made available by the speakers on the Moodle platform.

Contacts

Contacts (2000 characters)

Adeline Le Mabec : adeline.le-mabec@insa-rennes.fr

Other information

Other information

Cliquez ou appuyez ici pour entrer du texte.